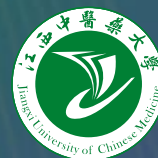




CHINA-PORTUGAL
INTERNATIONAL JOINT LABORATORY
ON HERBAL MEDICINES



China-Portugal **TRADITIONAL MEDICINES** FORUM

18 · 19 OCTOBER 2025

Faculty of Pharmacy
of the Universidade de Lisboa
Lisbon, Portugal

PROGRAMME

China-Portugal

TRADITIONAL MEDICINES FORUM

18 · 19 OCTOBER 2025

Faculty of Pharmacy of the Universidade de Lisboa, Lisbon, Portugal

ORGANIZING ENTITIES

Faculty of Pharmacy of the
Universidade de Lisboa (FFUL)

Jiangxi University of Chinese
Medicine (JxUCM)

China-Portugal Joint Laboratory
on Herbal Medicines

CO-ORGANIZING ENTITIES

China-Portugal Traditional
Chinese Medicine Center

Specialty Committee on
Constitution, World Federation
of Chinese Medicine Societies
(WFCMS)

Specialty Committee on Allergic
Diseases, WFCMS

China-Portugal Joint Laboratory
for Artificial Intelligence
and Public Health Technologies

SUPPORTING ENTITIES

Chinese Embassy in Portugal

Jiangxi Provincial Department
of Science and Technology

ORGANIZING COMMITTEE

FFUL: Olga Silva, Beatriz Lima,
Maryam Malmir, Cláudia Ferreira,
Gonçalo Caldeira

JxUCM: Zhu Weifeng,
Chunming Yan, Yang Changxin

SCIENTIFIC COMMITTEE

Olga Silva (FFUL)

Beatriz Lima (FFUL)

Graça Soveral (FFUL)

Zhu Weifeng (JxUCM)

Huang Liping (JxUCM)

Wang Ji (Beijing University
of Chinese Medicine)

Yang Zifeng (Guangzhou
Medical University)

Miao Lin (Tianjin University
of Traditional Chinese Medicine)

Hon Chitin (Macau University
of Science and Technology)



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PROGRAMME | SATURDAY, OCTOBER 18

Location: Auditorium of the Faculty of Pharmacy

- 10h00 **Opening Ceremony Official Speeches**
Moderator: Prof. Olga Silva (FFUL)
- Ambassador of China to Portugal, **H.E. Zhao Bentang**
 - Vice-Rector of the Universidade de Lisboa, **Prof. João Peixoto**
 - Rector of JxUCM, **Prof. Zhu Weifeng**
 - Dean of the Faculty of Pharmacy of the Universidade de Lisboa, **Prof. Graça Soveral**
 - Academician of Chinese Academy of Engineering, **Prof. Zhong Nanshan** (via video)
 - Representative of Jiangxi Provincial Department of Science and Technology, **Mr. Hu Huanglin**
 - Faculty of Science and Technology, NOVA University of Lisbon, President of the European Academy of Sciences, **Prof. Rodrigo Martins** (via video)
- 11h20 **Coffee Break**
- Keynotes Plenary Session**
Moderator: Prof. Beatriz Lima (FFUL)
- 11h40 **Assessment of the Contribution of Traditional Chinese Medicine to Global Health**
Prof. Wang Qi (Chinese Academy of Engineering)
- 12h05 **Evidenced Based Study of Medicine**
Prof. Gordon Henry Guyatt (Royal Society of Canada)
- 12h30 **The research on the dietary and health functions of *Puerariae Radix***
Prof. Zhu Weifeng (JxUCM)
- 13h00 **Lunch and informal networking (free time)**
- Scientific Session: Traditional Herbal Medicine and Biomedicine**
Moderator: Prof. Yang Changxin (JxUCM)
- 14h30 **Quality versus Therapeutical Efficacy of Chinese Herbal Medicines**
Prof. Mei Wang (EU Pharm TCM working group and ISO TC249 Commission, NL – via video)
- 15h00 **Active Ingredients of *Tinospora sinensis* in Neuroinflammation and Alzheimer's**
Prof. Huang Liping (JxUCM)
- 15h30 **Treatments for Emerging Diseases with Traditional Chinese Medicine**
Prof. Yang Zifeng (Guangzhou Institute of Respiratory Health)
- 16h00 **Coffee Break**
- 16h20 **Quality, Safety and Efficacy Studies on Portuguese and African Traditional Herbal Medicines**
Prof. Olga Silva (FFUL)
- 16h50 **Discovery of Active Compounds from Chinese Herbs**
Prof. Li Shaoping (University of Macau)
- 17h20 **Closing of the first day**

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PROGRAMME | SUNDAY, OCTOBER 19

Location: Auditorium of the Faculty of Pharmacy

Scientific Session: Standards, Regulation and Education in Medicinal Plants & Clinical Applications and Integration of Traditional Medicine

Moderator: Prof. Cui Hongsheng (Beijing University of Chinese Medicine)

- 09h00 **European Regulation of Herbal Health Products**
Prof. Ana Paula Martins (INFARMED - National Authority of Medicines and Health Products, I.P.)
- 09h20 **Unravelling the Anti-Virus and Immune Regulatory Role of Traditional Chinese Medicine Xuanfei Baidu Prescription**
Prof. Miao Lin (Tianjin University of Traditional Chinese Medicine)
- 09h40 **Regulatory Aspects and Safety in Phytotherapy**
Prof. Beatriz Lima (FFUL)
- 10h00 **Herbal Based TCM Teaching in Portugal**
Prof. Ana Varela (Portuguese Piaget Institute)
- 10h20 **Coffee Break**

Scientific Session: Standards, Regulation and Education in Medicinal Plants & Clinical Applications and Integration of Traditional Medicine

Moderator: Prof. Wang Yang (Guangzhou Medical University)

- 10h40 **Efficacy Evaluation of Constitutional Regulation Therapy for Allergic Rhinitis**
Prof. Wang Ji (Beijing University of Chinese Medicine)
- 11h00 **Less is More: Tubeless Thoracic Surgery**
Prof. Li Shuben (Guangzhou Medical University)
- 11h20 **Regulatory Aspects of Acupuncture Practice in Portugal - Evolution and Current Status**
Prof. Pedro Ribeiro da Silva (Direção-Geral da Saúde)
- 11h40 **Nanomaterials for BioMedical Applications**
Dr. Henrique Almeida (CENIMAT/i3N & CEMOP/UNINOVA)
- 12h00 **Usage and Regulatory Systems of Traditional Chinese Medicine in Portuguese-speaking Countries**
Prof. Carolina Ung (University of Macau - via video)
- 12h20 **Cultural Performance:**
Centro de Línguas e Culturas Shumin
Tuna Académica da Faculdade de Farmácia da Universidade de Lisboa
- 13h00 **Official Closing Concluding Comments and Perspectives for Cooperation and Future Events**