

**Joint Conference of the World Federation of Chinese Medicine Societies
Specialty Committee of Constitution Research and
Specialty Committee of Allergic Diseases**

Auditorium in Faculty of Pharmacy of Universidade de Lisboa, Portugal

October 19, 2025, 14:30

Detailed Agenda

14:30 - 14:45 – Opening Remarks, Academician Wang Qi

Session 1: Frontiers and Digital Application of Constitution Research. Chair:

Professor Wang Ji

14:45-15:00 – Integrated Perspective on Assessing Cognitive Health in the Elderly: An Analysis of TCM Constitution and Eye Movement Behavior, Professor Zhu Yanbo

15:00 - 15:15 – Constitution Safeguarding in Pandemic Turmoil: Implementing Wang Qi's TCM-Based Pro Bono Service with Real-World Insights, Kanezawa Shoka (Japan)

15:15 - 15:30 – Insights from Subtle Signs – Advancements in TCM Constitution Identification in the Digital Intelligence Era, Dr. Yang Zheng

15:30 - 15:45 – Prevention of Disease and Lifestyle Prescription in Traditional Chinese Medicine, José Faro, Lisbon TCM School

15:45 - 16:05 – Coffee Break & Networking

Session 2: Research on Constitution and Allergy/Cognition. Chair: Dr. Yang Zheng

16:05 - 16:20 – Characteristics of Constitution-Disease Syndrome in Different Clinical Phenotypes of Bronchial Asthma and Application of the Triple-Diagnosis Model, Professor Cui Hongsheng

16:20 - 16:35 – Efficacy Evaluation of Constitutional Regulation Therapy for Allergic Rhinitis, Professor Wang Ji

16:35 - 16:50 – Quantitative Analysis of the Efficacy of Second-Generation Oral Antihistamines in the Treatment of Allergic Rhinitis, Dr. Dong Lidan

16:50 - 17:05 – Zhineng Qigong – The science of Qi, Deolinda Fernandes, Lisbon TCM School

17:05 - 17:25 – Q&A and Discussion, Led by Conference Chairs

17:30 – Closing Remarks, Professor Wang Ji

Organization

Specialty Committee of Constitution Research, WFCMS

Specialty Committee of Allergic Diseases, WFCMS