



CHINA-PORTUGAL
INTERNATIONAL JOINT LABORATORY
ON HERBAL MEDICINES



China-Portugal **TRADITIONAL MEDICINES** FORUM

18 · 19 OCTOBER 2025

Faculty of Pharmacy
of the Universidade de Lisboa
Lisbon, Portugal

PROGRAMME

China-Portugal

TRADITIONAL MEDICINES FORUM

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Faculty of Pharmacy of the Universidade de Lisboa, Lisbon, Portugal

ORGANIZING ENTITIES

Faculty of Pharmacy of the
Universidade de Lisboa (FFUL)

Jiangxi University of Chinese
Medicine (JxUCM)

China-Portugal Joint Laboratory
on Herbal Medicines

CO-ORGANIZING ENTITIES

China-Portugal Traditional
Chinese Medicine Center

Specialty Committee on
Constitution, World Federation
of Chinese Medicine Societies
(WFCMS)

Specialty Committee on Allergic
Diseases, WFCMS

China-Portugal Joint Laboratory
for Artificial Intelligence
and Public Health Technologies

SUPPORTING ENTITIES

Chinese Embassy in Portugal

Jiangxi Provincial Department
of Science and Technology

ORGANIZING COMMITTEE

FFUL: Olga Silva, Beatriz Lima,
Maryam Malmir, Gonçalo Caldeira

JxUCM: Zhu Weifeng,
Chunming Yan, Yang Changxin

SCIENTIFIC COMMITTEE

Olga Silva (FFUL)

Beatriz Lima (FFUL)

Graça Soveral (FFUL)

Zhu Weifeng (JxUCM)

Huang Liping (JxUCM)

Wang Ji (Beijing University
of Chinese Medicine)

Yang Zifeng (Guangzhou
Medical University)

Miaolin (Tianjin University
of Traditional Chinese Medicine)

Hon Chitin (Macau University
of Science and Technology)



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PROGRAMME | SATURDAY, OCTOBER 18

Location: Auditorium of the Faculty of Pharmacy

10h00

Opening Ceremony Official Speeches

Moderator: Prof. Olga Silva (FFUL)

- Ambassador of China to Portugal, **H.E. Zhao Bentang**
- Rector of the Universidade de Lisboa *(to be confirmed)*
- Representative of the National Administration of Traditional Chinese Medicine (China) *(to be confirmed)*
- Portuguese Secretary of State for Science and Innovation *(to be confirmed)*
- President of the European Academy of Sciences, **Prof. Rodrigo Martins** (Faculty of Science and Technology, New University of Lisbon)
- Representative of Jiangxi Provincial Department of Science and Technology, **Mr. Hu Huanglin**
- Rector of JxUCM, **Prof. Zhu Weifeng**
- Dean of the Faculty of Pharmacy of Universidade de Lisboa, **Prof. Graça Soveral**

10h45

Coffee Break

11h00

Keynotes Plenary Session

Moderator: Prof. Beatriz Lima (FFUL)

Assessment of the contribution of traditional Chinese medicine to global health
Prof. Wang Qi (Chinese Academy of Engineering)

Lessons from COVID-19 and Traditional Chinese Medicine
Prof. Zhong Nanshan (via video, Chinese Academy of Engineering)

Evidenced based study of medicine
Prof. Gordon Henry Guyatt (Royal Society of Canada)

The research on the dietary and health functions of *Puerariae Radix*
Prof. Zhu Weifeng (JxUCM)

13h00

Lunch and informal networking (free time)

14h30

Scientific Session: Traditional Herbal Medicine and Biomedicine

Moderator: Prof. Yang Changxin

Quality versus Therapeutical Efficacy of Chinese Herbal Medicines
Prof. Mei Wang (EU Pharm TCM working group and ISO TC249 Commission, NL)

Active Ingredients of *Tinospora sinensis* in Neuroinflammation and Alzheimer's
Prof. Huang Liping (JxUCM)

Treatments for Emerging Diseases with Traditional Chinese Medicine
Prof. Yang Zifeng (Guangzhou Institute of Respiratory Health)

Quality, safety and efficacy studies on Portuguese and African Traditional Herbal Medicines
Prof. Olga Silva (FFUL)

Discovery of active compounds from Chinese herbs
Prof. Li Shaoping (University of Macau)

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PROGRAMME | SUNDAY, OCTOBER 19

Location: Auditorium of the Faculty of Pharmacy

- 09h00 **Scientific Session: Standards, Regulation and Education in Medicinal Plants & Clinical Applications and Integration of Traditional Medicine**
Moderator: Prof. Beijing
- European regulation of herbal health products**
Prof. Ana Paula Martins (INFARMED – National Authority of Medicines and Health Products, I.P.)
(to be confirmed)
- Unravelling the anti-virus and immune regulatory role of traditional Chinese medicine Xuanfei Baidu prescription**
Prof. Miao Lin (Tianjin University of Traditional Chinese Medicine)
- Regulatory aspects and safety in phytotherapy**
Prof. Beatriz Lima (FFUL)
- Herbal Based TCM Teaching in Portugal**
Prof. Ana Varela (Portuguese Piaget Institute)
- 10h30 *Coffee Break*
- 10h45 **Scientific Session: Standards, Regulation and Education in Medicinal Plants & Clinical Applications and Integration of Traditional Medicine**
Moderator: Prof. Hon Chitin (Macau University of Science and Technology)
- Efficacy Evaluation of Constitutional Regulation Therapy for Allergic Rhinitis**
Prof. Wangji (Beijing University of Chinese Medicine)
- Less is More: Tubeless Thoracic Surgery**
Prof. Li Shuben (Guangzhou Medical University)
- Topic to be confirmed**
Prof. Zhangbo (JxUMC)
- Usage and regulatory systems of Traditional Chinese Medicine in Portuguese-speaking Countries**
Prof. Carolina Ung (via video, University of Macau)
- 12h15 **Official Closing Concluding Comments and Perspectives for Cooperation and Future Events**